

## BENCHREST

Benchrest is a precision rifle shooting discipline where shooters aim to put five or 10 shots into the smallest possible group on paper targets placed at 50m, 100, 200 and 300 yards. Groups are measured from the center to the center of the two widest shots in a group. Rifles are fired from rests, comprising a front rest to support the fore-end and a rear sandbag to support the rifle's butt.

Benchrest includes 10 main classes within this discipline, with the differences largely determined by rifle weight and caliber.



### NOTES

6th and 8th of March Field Rifle and SSAA 3 Position State Championships @ SSAA Moonta, South Australia

20th and 21st of March Black Powder Rifle State Championships @ SSAA Para, South Australia

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 10:00am - Target Pistol (25m Range 1)	2	3 10:00am - Field Pistol Silhouette (Main Range) 10:00am - Rimfire Rifle Silhouette (Tope Range) 12:30pm - Field Shotgun (Shotgun Range)	4 7:30pm - Air Rifle 10m (Air Pavillion)	5 10:00am - Combined Services Pistol (25m Range 1) 10:00am - Handgun Silhouette BB and FP (Main Range) 1:00pm - Cowboy Silhouette (Main Range) 1:30pm - Black Powder Pistol (25m Range 2)	6 8:30am - Air Pistol (Air Pavillion) 10:00am - Centrefire/Sport Pistol (25m Range 1) 10:00am - Service Pistol (50m Range) 10:00am - Extend Range Rimfire Silhouette Bench (Main Range) 10:00am - Practical Shooting (Practical Range) 10:00am - Black Powder Shotgun (Shotgun Range) 12:30pm - Field Shotgun (Shotgun Range)
8 9:00am - Air Pistol (Air Pavillion)	9	10 10:00am - Centerfire Rifle Silhouette (Main Range) 10:00am - Rimfire/Air Pistol Silhouette (Tope Range) 12:30pm - Field Shotgun (Shotgun Range)	11 7:30pm - Air Rifle RB30 (Air Pavillion)	12 10:00am - Gallery Rifle (50m Range) 10:00am - Single Action Pistols Only (Single Action Range) 10:00am - MAIN RANGE MORNING FREE 1:30pm - Lever Action (Main Range)	13 8:30am - Air Pistol (Air Pavillion) 10:00am - Police Pistol (25m Range 1) 10:00am - 25m Precision (25m Range 2) 10:00am - Standard Gun (25m Range 3) 10:00am - WA1500 (50m Range) 10:00am - Scoped Rifle Silhouette (Top Range) 10:00am - NRA Dual Prone (Main Range) 12:30pm - Collectors Club (25m Range 3) 1:00pm - Air Rifle Field Target (Field Target Range) 1:00pm - Benchrest Rifle (Main Range)	14
15 7:30pm - Air Rifle Junior Club (Air Pavillion)	16 10:00am - Target Pistol (25m Range 1)	17 10:00am - Field Pistol Silhouette (Main Range) 10:00am - Rimfire Rifle Silhouette (Tope Range) 12:30pm - Field Shotgun (Shotgun Range)	18 7:30pm - Air Rifle 3 Position (Main Range)	19 10:00am - Black Powder Rifle State Championships (Main Range) 10:00am - Combined Services Pistol (50m Range) 10:00am - Target Pistol (25m Range 1) 12:30pm - Field Shotgun (Shotgun Range)	20 8:30am - Air Pistol Club Championships (Air Pavillion) 10:00am - Scoped Air Rifle (Air Pavillion) 10:00am - Service Pistol (25m Range 1) 10:00am - 25m Precision (25m Range 2) 10:00am - Centerfire Pistol / Sports Pistol (25m Range 3) 10:00am - 50m Free Pistol (50m Range) 10:00am - Handgun Silhouette Rimfire and Air (Top Range) 10:00am - Practical Shooting (Practical Range) 10:00am - Black Powder Rifle State Championships (Main Range)	21
22 9:00am - Air Pistol (Air Pavillion) 10:00am - Target Pistol (25m Range 1)	23	24 10:00am - Regulation Metallic Silhouette (Main Range) 10:00am - Rimfire/Air Pistol Silhouette (Tope Range) 12:30pm - Field Shotgun (Shotgun Range)	25 7:30pm - Air Rifle Silhouette (Top Range)	26 10:00am - Gallery Rifle (50m Range) 10:00am - Practical Shooting (Practical Range) 10:00am - Combined Services (Main Range) 1:30pm - Lever Action (Main Range)	27 8:30am - Air Pistol (Air Pavillion) 10:00am - Police Pistol (25m Range 1) 10:00am - 25m Precision (25m Range 2) 10:00am - Rapid Fire Pistol (25m Range 3) 10:00am - Service Pistol (50m Pistol Range) 10:00am - 3 Position Rifle Rimfire (Main Range) 10:00am - Black Powder Shotgun (Shotgun Range) 10:00am - Scoped Rifle and Cowboy Rimfire Silhouette (Top Range) 12:00pm - Single Action (Single Action Range) 1:00pm - Benchrest Rifle (Main Range)	28
29 7:30pm - Air Rifle (3P) Junior Club (Main Range)	30 10:00am - Black Powder Rifle National Championships (Main Range)	31				